

WE TRY, YOU BUY > Rich hand cream

It's all well and good looking after your face, but nothing gives your age away more than craggy hands...

1 Olavie Chardonnay Antioxidant Hand Cream, £9

This one is the perfect package. It's great for your hands, great for your handbag and smells like a gorgeous cocktail. It feels very nourishing, but sinks in well, so ticks all the boxes.

★★★★★

WINNER

2 Aveda Hand Relief, £15.50

Don't let the cheeky name (or price) put you off! I love its smell and it comes in a really big tube, so lasts for ages. A really nice one to keep at home.

★★★

Eucerin

3 Eucerin Intensive Hand Cream, £8.39

This one would be fabulous for problem skin or hands that are really, really dry. It's a very intensive cream, but isn't suitable for everyone as it's rich and a little sticky.

★★★

4 Soap & Glory Endless Glove, £4.50

I'm a big fan of Soap & Glory and this hasn't let me down. I love the 50s packaging and clever name, plus the product is just right - moisturising, but not too intense.

★★★★★

5 Skin Blossom Organic Bloom Care and Protect Hand Cream, £5.25

This is my least favourite, simply because I'm not keen on the smell - I like my breath to smell minty, but not my hands! It's a great size for your handbag, though.

★★

TOP TIP OF THE WEEK

If you're feeling frumpy and not very trim, try applying